An IncRNA-miRNA-mRNA-ceRNA network regulates intervertebral disc degeneration: A bioinformatics study based on the dataset analysis

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Short title: RNA network regulates disc degeneration

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Abstract. Background: Intervertebral disc degeneration (IDD) leads to low back pain (LBP). This study aimed to determine the regulation of IDD by competing endogenous RNAs (ceRNAs). Methods: We obtained the GSE63492, GSE124272, and GSE129789 datasets from the Gene Expression Omnibus database. The changes of long non-coding RNAs (lncRNAs), microRNAs (miRNAs), and mRNAs in IDD were characterized. The significantly changed mRNAs were subjected to protein-protein interaction analysis using the STRING database, and its functions and involved pathways were analyzed using the DAVID database and gene set enrichment analysis (GSEA). The significant changed lncRNAs, miRNAs and mRNAs were linked in a ceRNA network based on their interactions – predicted by Starbase and miRWalk. Differentially methylated loci of significantly changed mRNAs in early and advanced IDD were compared using the GSE129789 dataset. Results: We identified 245 significantly changed mRNAs, 133 lncRNAs, and 228 miRNAs between patients with IDD and normal individuals. GSEA suggested that 17 pathways related to cell proliferation were activated while 35 cell signaling and immune-related pathways were suppressed in IDD. The following ceRNA network in IDD was built: LINC00665/hsa-miR-7-5p/FZD3, ZNF549; LINC00665/hsa-let-7e-5p/FZD3, ACVR2B; TRG-AS1/hsa-miR-574-5p/ACVR2B, P3H2; TRG-AS1/hsa-let-7e-5p/FZD3, ACVR2B; and ZNF571-AS1/let-7e-5p/ACVR2B, FZD3. Conclusions: An lncRNA-miRNA-mRNA ceRNA network which might regulate the progression of IDD was developed.

Keywords: Intervertebral disc degeneration — Long non-coding RNA — Differential methylation — Competing endogenous RNA network
Introduction

Lower back pain (LBP) is a chronic prevalent medical problem that affects over 80% of adults worldwide and thus has a significant economic impact (Andersson, 1999). Intervertebral disc degeneration (IDD) is closely associated with LBP. It is characterized by the progressive structural failure and aging of affected discs (Luoma et al. 2000). Intervertebral discs (IVD) physiologically comprise annulus fibrosus (AF), cartilaginous vertebral endplates (EP), and nucleus pulposus (NP). Multi-factorial risks attributed to the pathogenesis of IDD include genetic predisposition, aging, and lifestyle (smoking and occupation) (Akeda et al. 2015). However, the exact mechanisms involved in IDD remain to be elusive. NP cells function in maintaining IVD integrity through extracellular matrix (ECM) components, such as type II collagen, aggrecan, and type X collagen (Loreto et al. 2011). Accumulating evidence has suggested that NP cell deregulation functions in ECM production, cytokine secretion, altered cell proliferation, and apoptosis, all of which play key roles in IDD pathogenesis (Li et al. 2018).

Long noncoding RNAs (lncRNAs) and microRNAs (miRNAs) play regulatory roles in various biological processes (Yao et al. 2019). With a length over 200 nucleotides, lncRNAs deregulate inflammatory and infectious diseases. LncRNAs also play pivotal roles in proliferation, differentiation, migration, invasion, and apoptosis (Li et al. 2017; Yang et al. 2018; H. Zhao et al. 2016). MiRNAs comprising 20-22 nucleotides function as regulatory factors in cell proliferation, apoptosis, ECM anabolism, and cytokine release (Liu et al. 2015). LncRNAs may function as competing endogenous RNAs (ceRNAs) in the regulation of target mRNAs by competitively binding with miRNAs. Interactions among lncRNAs, miRNAs, and mRNAs may constitute important mechanisms during IDD pathogenesis (Zhu et al. 2019). A total of 1,854 differentially expressed lncRNAs (DElncRNAs) have been identified in the central NP tissues of patients with IDD. These lncRNAs function in adhesion as well as lysosome and mitogen-activated protein kinase (MAPK) signaling. LncRNA PART1 is thought to activate E2F transcription factor 3, vascular endothelial growth factor, and activin A receptor type 1 (ACVR1) in IDD by sponging miR-34a and miR-148a (Zhao et al. 2016). Aberrantly increased lncRNA RP11-296A18.3 acts as the ceRNA for miR-138 to derepress its target hypoxia-inducible factor 1-alpha, thereby promoting NP cell proliferation and ECM deposition during IDD development (Wang et al. 2017). The expression levels of tumor necrosis factor (TNF), Wnt1, and β-catenin are enhanced by TUG1 in NP cells, leading to ECM synthesis, apoptosis, and suppression (Chen et al. 2017). LncRNA HCG18 sponges miR-146a-5p, which results in the inhibition of cell proliferation and subsequently promotes NP cell apoptosis (Xi et al. 2017). LncRNA H19 directly sponges miR-22 in clinical IDD specimens and alleviates the inhibitory effects of lymphoid enhancer-binding factor 1, thus inhibiting NP cell proliferation (Wang et al. 2018). These findings indicate that an lncRNA-miRNA-mRNA axis may have regulatory effects on the mechanism of IDD that could lead to improvement.

DNA methylation is the process of adding methyl groups to cytosine bases in nucleotides that contain CpG, thus forming 5-methylcytosine without changing the DNA sequence. Methylation is an essential mechanism in cancer and neurodegenerative diseases. Hypermethylated caspase recruitment domain-containing protein 14 (CARD14), EF-hand domain family member D2 (EFHD2), and rhotekin 2 (RTKN2) genes are involved in NF-κB pathway regulation in advanced IDD (AS_IDD) (Myouzen et al. 2012). In addition, methylation in the transforming growth factor (TGF)-β and Hedgehog (Hh) signaling
pathways is involved in cell adhesion and the cell matrix in IDD (Pusapati et al. 2014).

This study aimed to determine whether an IncRNA-miRNA-mRNA ceRNA network plays a regulatory role in IDD, elucidate the pathological mechanism of IVD degeneration, and uncover targets for novel IDD therapeutic strategies.

Materials and Methods

Gene expression omnibus (GEO) datasets
The datasets of GSE63492, GSE 124272 and GSE129789 were downloaded from GEO database (https://www.ncbi.nlm.nih.gov/geo/) for further analysis. The non-coding RNA dataset GSE63492 was deposited by Wang et al. (Wang et al. 2011), which included data from 5 IDD samples (grade IV-V, average age: 36.80 ± 7.33 years old) and 5 control samples (grade I, average age: 40.80 ± 7.50 years old). The expression profile GSE124272 was deposited by Wang et al. (Y. Wang et al. 2019), which contained data from 8 IDD patients aged between 33 and 60 years, and 8 volunteers aged between 19 and 23 years. The DNA methylation data profile GSE129789 was deposited by Ikuno et al. (Ikuno et al. 2019) which included data from 8 early stage (ES_IDD, grade I-III, average age: 45.58 ± 15.70 years old) and 8 AS_IDD (grade IV, average age: 65.38 ± 10.53 years old) samples. In these datasets, “protein_coding” was defined as mRNA while “antisense,” “sense_intronic,” “lincRNA,” “sense_overlapping,” “processed_transcripts,” “3’ overlapping_ncRNA,” and “non_coding” were defined as ncRNA using the annotation software gtf (Release 26, GRCh38.p10).

Identification of differentially expressed genes (DEGs)
DEGs of GSE63492 and GSE124272 were analyzed using the limma package (version 3.10.3) in R (The R Foundation, Vienna, Austria). Statistical tests were applied to filter out DEGs in the dataset according to P values using the Benjamini-Hochberg method. |Log fold change (FC)| ≥ 1, and P ≤ 0.05 were used to identify differentially expressed mRNAs (DEmRNAs) and differentially expressed miRNAs (DEmiRNAs). |LogFC| ≥ 0.5 and P ≤ 0.05 were used to identify DEIncRNAs.

Protein-protein interaction (PPI) network
A PPI network was constructed based on the STRING database with DEmRNAs as the input set. Topological features, including edges and nodes, were calculated to identify crucial genes.

Functional enrichment and pathway analyses
The Gene Ontology (GO) of DERNAs was determined using the DAVID database version 6.7 (https://david-d.ncifcrf.gov/) and visualized using the GOplot package in R. Biological process (BP), cellular component (CC), and molecular function (MF) terms were annotated.

Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway enrichment of DERNAs was implemented using Gene Set Enrichment Analysis version 3.0 (GSEA; https://www.genome.jp/kegg/) with adjusted P < 0.05.

Construction of the mRNA-IncRNA co-expression network
Pearson correlation coefficients (PCCs) of DElncRNAs and DEmRNAs were calculated using the psych package in R with the corr.test method (ci = F, adjust = “BH”). PCCs were visualized using Cytoscape version 3.7.0 software (www.cytoscape.org) with adjusted $P < 0.05$ and $r \geq 0.8$.

**Construction of miRNA regulatory and ceRNA networks**

The DEmiRNAs that target DElncRNAs in the lncRNA-mRNA co-expression network were predicted using starBase version 3.0 (http://starbase.sysu.edu.cn/). The DEmiRNAs that target DEmRNAs in the lncRNA-mRNA co-expression network were predicted using miRWalk (version 3.0) combined with miRDB (http://www.mirdb.org/), miRTarBase (http://mirtarbase.mbc.nctu.edu.tw/), and TargetScan (http://www.targetscan.org/vert_71/). A ceRNA network containing DEmiRNAs, DElncRNAs, and DEmiRNAs was constructed by integrating lncRNA-mRNA, lncRNA-miRNA, and miRNA-mRNA interactions using Cytoscape version 3.6.1 software.

**Differentially methylated loci identification**

Genome-wide differentially methylated loci (DML) between ES_IDD and AS_IDD in the GSE 129789 dataset were compared using the limma package with $P \leq 0.05$ and $|\logFC| \geq 1$. The DML and DEmRNAs were compared to obtain the methylated loci in DEmRNAs.

**Results**

**Differential expression analysis**

Here, we analyzed 18,295 mRNAs, 2,128 lncRNAs, and 368 miRNAs. Based on the thresholds of $P < 0.05$ and $|\logFC| \geq 1$ for DEmRNAs and DEmiRNAs as well as $P < 0.05$ and $|\logFC| \geq 0.5$ for DElncRNAs, we identified 245 DEmRNAs, of which 119 were upregulated and 126 were downregulated. We also identified 133 DElncRNAs, among which 63 were upregulated and 70 were downregulated, and 228 DEmiRNAs that included 138 upregulated and 90 downregulated miRNAs between patients with IDD and the controls (Figure 1A, C, and E). Hierarchical cluster heat maps indicated the top 10 upregulated and downregulated genes that distinguished IDD from the controls (Figure 1B, D, and F).

**PPI network construction**

A PPI network was constructed from the filtered DEmRNAs using the STRING database. This network contained 163 nodes and 514 edges with an average connection degree of 4.27, an average local clustering coefficient of 0.425, and a PPI enrichment $P$-value $< 1E-16$. Budding uninhibited benzimidazoles 1 (BUB1), hyaluronan mediated motility receptor (HMMR), histone H2B type 2-E (HIST2H2BE), arginase 1 (ARG1), and cathepsin G (CTSG) were considered as hub genes because of their high degree in the PPI network (Figure 2).

**GO enrichment analysis**

Five BP terms and nine CC terms for the 163 nodes in the PPI network were significantly enriched (Figure 3A). The BPs that were regulated during IDD progression and enriched in the analysis included “cell division,” “chromosome segregation,” “defense response to bacterium,” “mitotic nuclear division,”
“response to yeast.” Furthermore, “extracellular exosome,” “specific granule,” “extracellular space,”
“secretory granule,” “plasma membrane,” “condensed chromosome kinetochore,” “cell surface,”
“extracellular region,” and “neuronal cell body” were enriched in the CC function (Figure 3B). These
findings indicated that IDD is regulated through various pathways.

**KEGG pathway analysis**

Next, KEGG pathways enriched by the nodes in the PPI network were analyzed using GSEA. According to
the threshold of adjusted \( P < 0.05 \), 52 pathways were significantly enriched, including 17 activated pathways
(NES > 0) and 35 inhibited pathways (NES < 0). Pathways that were associated with cell proliferation included “ribosome,” “DNA replication,” “aminoacyl tRNA biosynthesis,” “cell cycle,” “nucleotide excision repair,” “ribosome biogenesis in eukaryotes,” and “RNA polymerase.” “Complement and coagulation cascades,” “necroptosis,” “pertussis,” “toll like receptor signaling pathway,” “leishmaniasis,” “fc γ-mediated phagocytosis,” and “complement and coagulation cascades” related to cell-cell interaction and immunity were suppressed (Figure 4).

**Construction of the lncRNA-mRNA co-expression network**

Positively coordinated DEmRNAs and DElncRNAs were screened to construct a lncRNA-mRNA network
using the parameters \( r \geq 0.8 \) and BH < 0.05. This network contained 156 nodes that consisted of 93
DEmRNAs, 63 DElncRNAs, and 236 edges. Closely connected lncRNA and mRNA pairs included
JARID2-AS1, MTBP, STARD7-AS1, PMEPA1, SATB1-AS1, and RARA-AS1 (Figure 5).

**Construction of the ceRNA network**

MiRNA-mRNA and miRNA-lncRNA networks were further constructed by mapping the lncRNAs and
mRNAs into the miRWalk database or starBase, respectively. Then, we integrated these three networks to
retain overlapped interactions to construct a ceRNA network. This ceRNA network included four
DEmRNAs, three DElncRNAs, and three DEmiRNAs. Notably, upregulated TRG-AS1 may function as a
ceRNA to activate ACVR2B and P3H2 by inhibiting hsa-miR-574-5p as well as FZD3 and ACVR2B by
suppressing hsa-let-7e-5p. ZNF571-AS1 sponged hsa-let-7e-5p, led to the upregulation of ACVR2B and
FZD3. Upregulated LINC00665 may similarly suppress the inhibitory effects of hsa-miR-7-5p on FZD3 and
ZNF549 and function as the ceRNA of FZD3 and ACVR2B by sponging hsa-let-7e-5p. Our findings from
the lncRNA-miRNA-mRNA network indicated that hsa-let-7e-5p directly regulates three lncRNAs and is
thus particularly important (Figure 6).

**Identification of DML in ES_IDD and AS_IDD**

In the GSE129789 dataset, 2,834 methylated loci associated with 208 DEmRNAs were identified. By
calculating the statistical significance between the ES_IDD and AS_IDD samples, 161 DMLs were
identified according to the thresholds of \( P < 0.05 \) and \(|\log FC| \geq 1\), including 48 hypermethylated loci and
113 hypomethylated loci in the AS_IDD samples (Figure 7A). These DML corresponded to 77 DEmRNAs.
Among the hypomethylated DML, the significant loci were enriched in COL5A2, SLC4A4, SLC35F3, IGF1,
TSC22D2, BNC2, FAM184A, and SLC6A17 (Figure 7B). The key hub gene in the PPI network, ZNF549,
was differentially methylated at the gene locus cg06458239 in the AD_IDD samples.
Discussion

In this study, we constructed the following ceRNA network in IDD: LICN00665/hsa-miR-7-5p/FZD3 and ZNF549, LINC00665/hsa-let-7e-5p/FZD3 and ACVR2B, TRG-AS1/hsa-miR-574-5p/ACVR2B and P3H2, TRG-AS1/hsa-let-7e-5p/FZD3 and ACVR2B, and ZNF571-AS1/hsa-let-7e-5p/ACVR2B and FZD3. Upregulated LINC00665 may suppress the inhibitory effects of hsa-miR-7-5p on FZD3 and ZNF549 as well as function as a ceRNA of FZD3 and ACVR2B by sponging hsa-let-7e-5p. TRG-AS1 may function as a ceRNA to inhibit the suppressive effects of hsa-miR-574-5p on ACVR2B and P3H2 as well as hsa-let-7e-5p on FZD3 and ACVR2B. ZNF571-AS1 sponging hsa-let-7e-5p led to the upregulation of ACVR2B and FZD3. Moreover, we identified the aberrant methylation loci in DEmRNAs during IDD progression.

ACVR2B binds kinase and in turn activates downstream molecules, such as SMAD2/3, which regulate cell proliferation or differentiation (Han et al. 2013). The noncanonical ACVR2B signaling pathway also regulates MAPKs and muscle growth as well as blocks myogenic progression (Han et al. 2013). The present study identified a novel function of ACVR2B together with LINC00665 and hsa-let-7e-5p in IDD.

Frizzled (FZD) 3, a member of the FZD family, is required for axonal development (Hua et al. 2014) and functions in neural crest proliferation (Chai et al. 2015). It is a key factor in sarcoma and breast carcinoma pathogenesis by regulating cell division cycle 25 phosphatase through the noncanonical WNT signaling pathway (Vijayakumar et al. 2011). The present investigation revealed a new role of FZD3 in IDD regulation via the LINC00665/hsa-miR-7-5p/FZD3 and LINC00665/hsa-let-7e-5p axes.

Prolyl 3-hydroxylase 2 (P3H2) is involved in the 3-hydroxylation of proline in type IV collagen chains (Fernandes et al. 2011), and TRG-AS1 may function as a ceRNA to inhibit the suppressive effect of hsa-miR-574-5p on P3H2 during IDD progression. ZNF549 can methylate DNA and may function in cancer initiation and progression (Zhao et al. 2017). Here, we showed that the LINC00665/hsa-miR-7-5p/ZNF549 axis functions as a regulatory network in the development of IDD.

LncRNAs function as ceRNAs by sponging miRNAs, which subsequently affects the binding targets of miRNAs (Salmena et al. 2011). Here, we discovered some ncRNAs that function as regulatory factors in IDD progression including LINC00665, TRG-AS1, ZNF571-AS1, hsa-miR-7-5p, hsa-let-7e-5p, and hsa-miR-574-5p. LINC00665 is a lncRNA that has been frequently reported to function as a ceRNA in various cancers, including gastric cancer, lung cancer, and hepatocellular carcinoma (Cong et al. 2019; Ji et al. 2020; Qi et al. 2019; Shan et al. 2019). Compared with LINC00665, the reports associated with IncRNA T cell receptor gamma locus antisense RNA 1 (TRG-AS1) was limited, although it functions as a ceRNA in glioblastoma, hepatocellular carcinoma and tongue squamous cell carcinoma (He et al. 2020; Sun et al. 2020; Xie et al. 2019). It was also demonstrated to be involved in regulating of repeated implantation failure (Xu et al. 2019). ZNF571-AS1 was only reported in one study to regulate KIT and STAT5 through the JAK/STAT signaling pathway in acute myeloid leukemia (Pan et al. 2017). In this study, we revealed the involvement of the ZNF571-AS1/let-7e-5p/ACVR2B and FZD3 axes in IDD regulation.

Three miRNAs, including hsa-miR-7-5p, hsa-let-7e-5p, and hsa-miR-574-5p were involved in the ceRNA network of LINC00665 and TRG-AS1. Hsa-let-7e-5p was located at the center of the ceRNA network. The let-7 miRNA family regulates cancer biology by Dicer expression and is often regarded as a collection of tumor suppressors. The hsa-let-7e-5p downregulation has been revealed to be related with
aggressiveness and prognosis of non-small-cell lung, breast, and epithelial ovarian cancers (Mitra et al. 2011; Shi et al. 2017; Xiao et al. 2017). In esophageal squamous cell carcinoma, hsa-let-7e-5p is upregulated and acts as an oncomiR to promote the migration and invasion of cancer cells (Ma et al. 2017). Furthermore, let-7e-5p is involved in pathogenesis by regulating the expression of NLK and CASP3 and is upregulated during pre-retinal neovascularization (Desjarlais et al. 2019). Accumulating evidence has shown that miR-7 functions in cell growth, metabolism, proliferation, apoptosis, and tumor progression (Giles et al. 2016; Kefas et al. 2008). MiR-7 inhibits hepatocellular carcinoma growth and metabolism via the PI3K/Akt pathway, targets Kruppel-like factor 4 to promote epithelial cell differentiation, inhibits colorectal cancer proliferation by regulating XRCC2, decreases cell migration and invasion, induces apoptosis by targeting FAK and proteasome activator subunit 3, increases the radiosensitivity of breast cancer cells via an epidermal growth factor receptor-associated signaling pathway, suppresses cell proliferation, and promotes cell cycle arrest by targeting CCNE1 (Hao et al. 2015; Shirot et al. 2014; Suto et al. 2014; Zhang et al. 2014). MiR-574 has been considered as a tumor suppressor. The ectopic expression of miR-574 inhibits gastric and bladder cancer cell proliferation, invasion, and migration; suppresses cell proliferation; and induces cell apoptosis by targeting MESDC1 (Tatarano et al. 2012). To sum up, though these ncRNAs have been frequently reported in cancers, their role and regulation in IDD have not been characterized previously.

This study has some limitations. We did not obtain enough clinical samples to validate the expression of these lncRNAs, miRNAs, and mRNAs in ceRNA network. We were also unable to determine the function of methylation in IDD progression. Therefore, further investigation is still required.

Conclusions

In this study, we developed a novel ceRNA network in IDD: LICN00665/hsa-miR-7-5p/FZD3 and ZNF549, LINC00665/hsa-let-7e-5p/FZD3 and ACVR2B, TRG-AS1/hsa-miR-574-5p/ACVR2B and P3H2, TRG-AS1/ hsa-let-7e-5p/ FZD3 and ACVR2B, and ZNF571-AS1/hsa-let-7e-5p/ACVR2B and FZD3. This network serves to advance the current understanding of IDD and may be important for identifying alternative IDD therapies.

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**Figure legends**

**Figure 1.** Differentially expressed genes (DEGs), lncRNAs (DElncRNAs), and miRNAs (DEmiRNAs) between the IDD and normal samples. A, C, and E. Volcano plots of DEGs, DElncRNAs, and DEmiRNAs, respectively. Vertical dotted lines, |log fold change (FC)| ≥ 1, and P ≤ 0.05 for mRNAs and miRNAs as well as |logFC| ≥ 0.5 and P ≤ 0.05 for lncRNAs. Red and green spots represent upregulated and downregulated genes, respectively, in IDD compared to normal samples. B, D, and F. Hierarchical clustering of the top 10 DEGs. The heatmap shows the top 10 upregulated and downregulated DEGs in descending order according to |logFC| ≥ 1 and P ≤ 0.05 for mRNAs and miRNAs as well as |logFC| ≥ 0.5 and P ≤ 0.05 for lncRNAs. B, mRNA; D, lncRNA; F, miRNA.
**Figure 2.** Protein-protein interaction network determined using immune-related genes. Red and green spots represent upregulated and downregulated expression, respectively. Larger nodes (proteins) indicate more interactions (higher degree).

**Figure 3.** Gene ontology (GO) enrichment analysis. A. Top bubble plot of GO terms. X-axis, Z-score; y-axis, negative log-adjusted $P$. Bubble area positively correlates with gene numbers in the indicated term. Green, biological process term; pink, cellular component term. B. GO gene clusters in the top eight GO terms grouped by expression amount. GO, logFC, and related genes from the outer to inner circles.

**Figure 4.** Hierarchical clustering analysis of gene expression and functional analysis. A. Dot plot of the dysregulated pathways in IDD compared to normal samples. Color intensity of the nodes indicates degree of Kyoto Encyclopedia of Genes and Genomes pathway enrichment. Horizontal axis, gene ratio as a proportion of differential genes in entire gene set. Size represents the number of counts in a specific pathway. (B) Ridge plot of dysregulated pathways. Joy plot shows the PI3K/Akt pathway. Color intensity in the peaks indicates enrichment significance. Horizontal axis, $P$ values.

**Figure 5.** Construction of the ncRNA-mRNA network using DEmRNAs and DElncRNAs. Gene pairs were selected based on a correlation ratio $\geq 0.8$ and adjusted $P < 0.05$. Red, mRNA; yellow, ncRNA. Nodes represents proteins while edges represents interactions.

**Figure 6.** Construction of the ceRNA network and functional analysis. Gene identification from the ceRNA network. Pink, mRNA; yellow, ncRNA; blue, miRNA.

**Figure 7.** Identification of differentially methylated loci (DML) between early IDD and advanced IDD. A. Volcano plot of the DEGs. Vertical dotted lines, $|\log \text{FC}| \geq 1$ and $P \leq 0.05$. Red and green spots represent upregulated and downregulated loci, respectively. B. Hierarchical clustering of the top 10 DEGs. The heatmap shows the top regulated DML in descending order according to $|\log \text{FC}| \geq 1$. 

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